

Neuropsychology and treatment response in depression

PURPOSE OF THIS STUDY:

This study aims to assess whether initial neuropsychological functioning and early changes in emotional processing in depressed adults correlates with symptom response to medications. We are currently observing the changes in people with Major Depressive Disorder (MDD) and Bipolar Disorder II (BDII).

WHO CAN PARTICIPATE?

- 18-65 years old
- Currently feeling depressed/ low energy/lack of interest in daily activities
- Recall having days of high energy in the past (perhaps associated with decreased need for sleep) OR diagnosed with Bipolar Disorder type II
- Currently not receiving any treatment for depression or not responding to their current treatment

WHAT IS INVOLVED?

Participants will go through:

- Initial phone screening by a researcher
- A clinical evaluation by a psychiatrist at the UBC Mood Disorder Centre for eligibility confirmation
- Starting an open label new medication or modification of ongoing treatment
- Attending three cognition testing sessions over a 12 week period documenting changes in memory, attention and emotional thought processing
- Clinical follow-up along with each cognition testing session

CONTACT INFORMATION:

Kawkab Mahmud, Research Assistant
Phone: 604.822.0216
Email: kawkab.mahmud@ubc.ca

**Lend a hand.
Help find hope
for future
generations.**



*Say yes
to research!*

vchri.ca/participate

Vancouver
CoastalHealth
Research Institute

PRINCIPAL INVESTIGATOR

Dr. Ivan Torres
Clinical Professor, UBC Department of
Psychiatry
Research Investigator with VCH Research
Institute

STUDY TIME / DURATION

Ongoing to November 2020

STUDY LOCATION

Mood Disorder Centre
Djavad Mowafghian Centre for Brain Health, UBC

To learn more about research opportunities, visit vchri.ca/participate