

NOW OPEN: Bipolar Disorder and Magic Mushrooms Study

Hi everyone, I'm Dr. Mollie Pleet and I'm a clinical psychologist and research fellow in the University of California San Francisco's BAND Lab.

Recently, our lab has begun exploring the therapeutic effects of psychedelic medicines. We've specifically been focusing on studies using psilocybin, which is the primary psychoactive component of magic mushrooms.

Among our current psilocybin studies is a brand new project we are super excited to tell you about. Our lab will soon conduct the world's first clinical trial of psilocybin therapy for people with bipolar depression. In order to conduct that study in as safe and supportive a way as possible, our lab is teaming up with CREST.BD to conduct an online survey exploring the experiences that people with bipolar disorder have had when using magic mushrooms. We're calling this study BiPsi, which stands for the Bipolar Psilocybin Project.

We'll be welcoming folks with all forms of bipolar disorder to complete an online questionnaire about their psilocybin experiences.

We are really proud to announce that we've just launched the project, and have posted a link to the online survey on the CREST.BD website.

So if you, or anyone who know has bipolar disorder and has ever taken a full dose of magic mushrooms, please consider taking and sharing our survey. Your contributions will help support our goal of improving the treatments available for people with bipolar disorder. It's a very exciting project both for our lab and for our CREST.BD collaborators. You can access the survey at the link provided, and we'll return soon with another blog post providing updates on the study.

Until then, be well, stay tuned, and thank you so much for listening.